

In order to reveal the One, make your stage constant and stable.

Stay in your self-respect and give respect to everyone.

Today, BapDada is seeing three stars of fortune sparkling on the forehead of each child. The first is the fortune of God's sustenance, the second is the fortune of God's study and the third is the fortune of God's blessings. In this way, He is seeing the three stars in the centre of each one's forehead. Do you also see the sparkling stars of your fortune? Can you see them? You would not be able to see the stars of such elevated fortune sparkling on the forehead of anyone else in the world. These stars of fortune are sparkling on the forehead of all of you. However, in some cases, there is a difference in their sparkle. The sparkle of some is very powerful, and the sparkle of others is mediocre. The Bestower of Fortune has given all of you children equal fortune. He hasn't given anything *special* to anyone. The sustenance is the same, all of you are studying together and you have all received the same blessing. In all the corners of the world, there is the same study everywhere. It is a wonder that it is the same murlī of the same *date*, and that the time of amrit vela, according to each one's country, is also the same. The blessing you receive is also the same. The *slogan* is also the same. Is there a difference? Is there a difference in this between America and London? There isn't. So, why is there a difference?

BapDada gives the same sustenance to everyone at amrit vela. Everyone receives the same method of having constant remembrance. So, why is it numberwise? If the method is the same, why is there a difference in the attainment of success? BapDada has equal love for all the children everywhere. Even if someone is in the *last number* according to his efforts, BapDada still has the same love for even the *last* one. In fact, as well as love, He also has mercy for the *last number*, that this one who is *last* should go *fast* and come *first*. How have all of you, who have come from so far away, reached here? God's love has pulled you here, has it not? You came here having been pulled by the string of this love. So, BapDada has love for everyone. Do you believe this, or do you have a *question* as to whether Baba has love for you or whether He has less love? BapDada's love for every child is greater than that for the next and this love from God is the basis of the special sustenance of you children. What does each one of you think? That your love for the Father is greater or that the love of someone else is greater and that yours is less? Do you think in this way? You believe that your love for Baba is greater, do you not? It is like this, is it not? Pandavas? Each one of you would say, "My Baba!" You wouldn't say that He is the Baba of the *centre-in-charge*, that He is the Baba of Dadi or the Baba of Dadi Janki. Would you say this? No! You would say, "My Baba!" Since you said "Mine" and the Father also said "Mine", then through just this one word, "mine", the children belong to the Father and the Father belongs to the children. Did this take any effort? Did it take any effort? A little bit, perhaps? No? Do you sometimes find it an effort? You don't find it an effort? You do. So what do you do when you find it takes effort? Do you get tired? Say from your heart with love, "My Baba", and effort will change into love. As soon as you say, "My Baba", that sound reaches Baba, and the Father gives *extra* help. However, it is a deal of the heart. It is not a deal of words. It is a deal made with the heart. So, you are clever at making a deal with your heart, are you not? Do you know how to make a deal? Do those sitting at the back know how to make a deal? This is why you have reached here. However, who resides the furthest away? (Those from) America? Are those from America the furthest away or is the Father the furthest away? America is in this world. The Father comes from another world. So who is the resident living the furthest away? It is not those from America. BapDada is the furthest away. One comes from the subtle region and one comes from the supreme abode, and so what is America compared to that? Nothing at all!

So, today, the Father, who is the Resident of the faraway land, has come to meet the children who reside far away in this corporeal world. Do you have the intoxication that today BapDada has come for you? The people of Bharat belong to the Father anyway, but BapDada is especially pleased to see the *double* foreigners. Why is He pleased? BapDada recognises that it is because the Father has come in Bharat that the people of Bharat have this *extra* intoxication. However, Baba has love for the *double* foreigners, because even though they are from different *cultures*, they have been transformed into the Brahmin *culture*. You have been transformed, have you not? You don't have the thought any more, do you, that this is the *culture* of Bharat, and that your *culture* is different? No. The *result* that BapDada saw is that all have become those of the one *culture*. No matter where you come from, the countries are different in terms of your physical bodies, but the soul belongs to the Brahmin *culture*. Do you know the one other thing about the *double foreigners* that BapDada likes very much? Do you know what that is? (They become engaged in service quickly.) Say something else. (They have jobs and also do service.) They do this in *India* too. In *India* too, they have jobs and do service. (If something happens, they speak honestly about their weakness, they are very honest.) Achcha. Are those from *India* not as honest?

BapDada has seen that even though you live far away, because of love for the Father, the *majority* of you have *passed* in the subject of love. Bharat has that fortune anyway, but whilst living far away, all have *passed* in love. If BapDada were to ask you whether there is a *percentage* in your love? Is there a *percentage* in the *subject* of love for the Father? Those who believe that they have 100 *per cent* love, raise your hands. 100 *per cent*? The residents of Bharat are not raising their hands! Look, Bharat has received this fortune. The greatest fortune it has received is that the Father has come in Bharat. The Father didn't choose America for this; He chose Bharat. This one (Gayatriben from New York) is sitting in front. However, even whilst being far away, you have deep love. *Problems* do come, but by saying, "Baba, Baba", you finish those problems.

Still, BapDada has given you *pass* marks in the *subject* of love, so what else do you have to *pass* in now? You have to pass! You have passed and you have to pass. According to the present time, BapDada wants the *percentage* of the power of self-transformation of each child to be just as much as when you all raised your hands for the power of love. All of you raised your hands for that, did you not? Is there just as fast a speed in your self-transformation? Will you raise your hands fully or only half-way for this? How much will you raise them? You do bring about transformation, but it takes time. According to the closeness of time, the power of self-transformation should be so fast. How long does it take to put a full stop on a piece of paper? How much time does that take? How much time does it take to put a full stop? Not even a *second*. Is that right? So, do you have such a fast speed? Should you be asked to raise your hands? You would only raise your hands half-way. The speed of time is fast; the power of self-transformation has to be just as fast, and, when you speak of transformation, always remember the word "self" before the word "transformation". Not transformation, but self-transformation. BapDada remembers that the children had promised Him that within a year they would bring about transformation of the world through transformation of their sanskars. Do you remember? You celebrated that year, did you not? World transformation through the transformation of sanskars. The speed of the world is going into the extreme, but is the speed of the transformation of your sanskars just as *fast*? The speciality of the lands abroad, as a rule, is that everything there is *fast*; they do everything *fast*. So, the Father is asking: Are you *fast* when it comes to transforming your sanskars? BapDada now wants to see the speed of self-transformation become fast. All of you ask, do you not, "What does BapDada want?" You discuss amongst yourselves and you ask one another: What does BapDada want? BapDada wants you to be able to put a full stop in a *second*. Just as when you put a full stop on a piece of paper, so this should be even *faster* than that. In bringing about transformation, put a full stop to anything that is not accurate. Do you know how to put a full stop? You know, do you not? However, it sometimes becomes a *question mark*. You put a full stop and it becomes a *question mark*. "Why is it like this?" "What is this?" These questions "Why? and

What?" make the full stop into a *question mark*. BapDada also told you earlier: Do not say, "Why? Why?" What should you say instead? "Fly" or "Wah!" Either say "Wah!" or "Fly". Do not say, "Why? Why?" You quickly know how to say, "Why? Why?" Does that just come? Whenever this "Why" comes up, say instead, "Wah, wah!" If anyone does anything or says anything - "Wah *drama*, wah!" Not, "Why is this one doing this? Why is this one saying this? I will do this if the other one does it." No!

Nowadays, BapDada has seen... should I tell you? You do want to bring about transformation, do you not? So, nowadays, the *result*, whether in *India* or abroad, is that there is a wave of one thing in both places, and what is that? "There should be this; I should receive this; this one should do this. Only what I think and say should happen." These things of expectations that still arise in your thoughts are *waste thoughts* and they do not allow you to become the *best*. BapDada *noted* everyone's *chart of waste* for a short time. He *checked* it. BapDada has *powerful machinery*. He doesn't have a *computer* like you all have. Your *computer* can even get corrupted. However, BapDada has some very *fast checking machinery*. BapDada saw that the *majority* of you have *waste thoughts* throughout the day every now and then. What happens is that the weight of *waste thoughts* is heavy, and the weight of *best thoughts* is less. So these *waste thoughts* that you have every now and then make your head heavy. They make your efforts heavy. There is a burden and so that pulls you to itself. This is why, when there are fewer pure thoughts which would be a *lift* for self-progress - not even a ladder, but a *lift* - you have to climb that ladder of effort. Simply remember two terms. In order to finish the *waste*, simply use two terms in your thoughts, words, actions and behaviour from amrit vela till night. Put this into a *practical* form. These two terms are: Self-respect and respect for others. You have to stay in your self-respect and give respect to others. "No matter what someone else is like, I have to give that one respect. I have to give respect and stay in my stage of self-respect." There has to be a *balance* of the two. Sometimes, you stay in your self-respect a great deal, but you are not giving enough respect to others. It should not be that you give respect if that person gives you respect. No. "I have to be a bestower." The Shiv Shakti Pandava Army are bestowers, children of the Bestower. To say, "I will give if the other one gives", becomes a *business*. That is not being a bestower. So, are you *businessmen* or bestowers? A bestower is never a taker. In your attitude and vision, just have this aim: "I have to..., not others." I constantly have to have good wishes and pure feelings for each one, that is, for everyone, whether they are gyani or non-gyani. In fact, you do have good wishes for those who are non-gyani, but let there be good wishes and pure feelings for all gyani souls too, at every moment. Let your vision become like that, let your attitude become like that. You have a pupil in each eye. Do those pupils ever disappear? What would you become if the pupils disappeared from your eyes? Would you be able to see? So, just as there are pupils in your eyes, in the same way, the soul and the Father, the Point, are merged in your eyes. Just like the point (soul) that sees never disappears, in the same way, do not let the point of awareness of the soul and the Father disappear from your attitude or vision. You have to *follow the Father*, do you not? So, just as the Father has respect for every child in His vision and attitude, He has regard, in the same way, let there be self-respect and respect for others in your vision and attitude. The thoughts that you have in your mind - that this one should change, that he should not do that, that this one is like this - it will not happen by being given teachings. It is by your giving respect to others that they will begin to fulfil the thoughts that you have in your mind - that that one should change or do this or that. They will change through your attitude, not through your words. So, what will you do? Self-respect and respect for others: you will remember both, will you not? Or, will you just remember self-respect? To give respect means to receive respect. To give respect means to become worthy of respect. The sign of soul-conscious love is to transform the weaknesses of others with your good wishes and pure feelings. In the *last* message too, BapDada said: At present, let your form be *merciful*. Even in your *last* birth, your non-living images are *merciful* and have mercy on the devotees. Since the non-living images are so *merciful*, how would the living forms be? The living forms would be mines of mercy. Become a mine of mercy. Anyone who comes, give them mercy. This is a sign of love. You want to do that, do you not? Or, do you simply want to

listen? You have to do it, you have to become that! So Baba is giving you the *response* of, "What does BapDada want?" You ask this question and so BapDada is giving you an answer.

At present, there is very good expansion of service, be it in Bharat or abroad. BapDada wants you to make someone an instrument to carry out a special task. Make someone co-operative, someone who, until now, has wanted to do something, but who will now actually demonstrate it practically. You have had many *programmes*. Wherever you held *programmes*, BapDada is giving congratulations to all those who carried out those *programmes*. Now show some more newness, so that they reveal the Father on your behalf, just as you do. Let it also emerge from their lips: "This study is Godly". Let "Baba, Baba" emerge from their hearts. They do become co-operative, but the one thing that still remains is, "This One is the only One. This is the One. This is the One..." Let this sound spread. "The Brahma Kumaris are doing very good work. They can do this." They have come that far, but let them now say, "This is the only One, this is God's knowledge." Let those who are to reveal the Father say this fearlessly. You say that God is making this task happen, that it is God's task. However, let them now say that they know God, the Father, whom everyone has been calling out to. Now give them that experience. What do you have in your hearts at every moment? "Baba, Baba, Baba!" Let such a *group* emerge. It is good. You can do this. Whatever has happened up to this point has been fine. Transformation has taken place. However, the *last* transformation is, "This is the One. This is the One. This is the One." That will happen when the Brahmin family have a constant stage. At the moment, the stage continues to change. A constant stage will reveal the One. Is this OK? So, *double foreigners*, become an *example*. Become an *example* in giving respect and in staying in your own self-respect. Claim a *number* in this. They show the example of the family that conquered attachment, where the messengers and servants and everyone else became conquerors of attachment. Similarly, wherever you are - America, Australia, every country - claim a *number* in being constant, united in following one direction, staying in your own self-respect and giving respect to others. You can claim it, can you not? Claim it. Do you want to claim a *number*?

To all of you children everywhere who are merged in the Father's eyes, to the children who are the lights of the eyes, to the children who remain constantly stable in a constant stage, to the fortunate children whose stars of fortune are constantly sparkling, to those who constantly have self-respect and equal respect for others, to the children who make the speed of their efforts fast, BapDada's love, remembrance, blessings and namaste.

Blessing: May you take the company of your true Companion and thereby become loving and free from attachment.

Every day at amrit vela, have the happiness of having all relationships with BapDada and donate it to others too. Have a right to all types of happiness and also give others this right. While doing any physical task, do not remember any physical companions, but first remember the Father, because the Father is your true Friend. When you take the company of your true Companion, you easily become detached and loving to all. Those who remember the one Father in all relationships in every task easily become free from attachment. They are neither attached to anyone nor subservient to anyone and so they cannot be defeated by Maya.

Slogan: In order to recognise Maya, become trikaldarshi and trinetri and you will become victorious.

*** Om Shanti ***

Avyakt Signal: Adopt the culture of truth and good manners The sign of truth is having good manners. When you are truthful and have the power of truth, you will never stop having good manners. You may have to prove the truth, but do this with good manners. By trying to prove that something is true whilst letting go

of your good manners, you will be unable to prove it. The sign of a lack of good manners is stubbornness and the sign of good manners is humility. Those who do prove the truth will constantly remain humble and will always interact with good manners with everyone.